Total Life Changes gives you the freedom to build a business that works best for income goals, time and budget. Whether you are working your business part time or full time, you have all the training, tools, coaching and support you need to make your goals a reality.

THE VISION: **SET GOALS FOR SUCCESS**

- Set your goals, short, medium and long term, your dreams. (what are your 30, 60, 90 day goals)
- What would you like to accomplish in the next 30, 60 and 90 days? (i.e. pay off debt, have x amount saved, purchase a new car, etc.)
- What would you like to accomplish personally with the products? (i.e. energy, weight loss, nutrition/vitamins, etc.)
- How many hours a week would you be willing to work to reach your goals?

**LIVE FUN, FIT & FREE**

- Be debt free
- Work from home
- Live a freedom based lifestyle
- Buy a new car
- Own your business
- Help others reach their goals
- Have extra time and energy to do the things you love
- Secure financial freedom
- Earn additional income
- Purchase your dream home
- Have more time to spend with your family
- Pay for your children college tuition
- Travel to exotic destinations
- Earn discounts on health and wellness products
- Save money on travel from daily commutes
- Earn amazing bonuses
**THE PLAN: LAUNCH YOUR TLC BUSINESS**

Total Life Changes has 5 streams of income: Retail Commissions, Fast Stat Bonus, Binary Pay Commissions, Matching Bonuses, and Lifestyle Bonuses.

See the Total Life Changes Compensation Plan at www.totallifechanges.com for more information.

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**STEP ONE:** PURCHASE YOUR TOTAL LIFE CHANGE KIT

As an Independent Business Owner, you get your own personalized Total Life Changes website, the support of an online Back Office and the ability to purchase products at wholesale prices. The Total Life Changes Team has carefully assembled product packages to fit your business needs. You pick whichever is the most convenient, and then automatically rake up Commissionable Volume.

**STEP TWO:** BECOME BINARY QUALIFIED

Start by creating a team with two friends. By enrolling them as IBOs* (one on your left side, and the other on your right side) you will become Binary Qualified. Now you are able to earn Team Commissions. *An Associate is someone who has generated over 40 PV points in one month. See plan for more details.

**STEP THREE:** BUILD YOUR TEAM: BECOME DIRECTOR

Teach your team to become binary qualified within their first 72 hours and how to start earning Matching Bonuses like you once they reach the rank of Director in their first 30 days. *A Director is someone who has generated over 1000 CV points in one week on their left and right side. See plan for more details.

**STEP FOUR:** BREAK MORE DIRECTORS

By helping more of your team to become Directors, and keeping a balance on your left and right sides, the higher the Rank you will achieve and the more binary commissions you will earn. See plan for more details.

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**SCHEDULE YOUR BUSINESS LAUNCH IN YOUR FIRST 72 HRS.**

**PICK 3 DATES FOR YOUR LAUNCH IN YOUR FIRST 72 HOURS:**

- Date #1 (Virtual Grand Opening #1) ________________
- Date #2 (Virtual Grand Opening #2) ________________
- Date #3: Transformation Party ________________

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**TOTAL LIFE CHANGES**

**BUILD YOUR BUSINESS**
Here’s your road map to becoming Binary Qualified. Fill in your 2 new team members’ names. To become Binary Qualified you need to personally help 1 person join on each leg (1 on your right & 1 on your left). Binary Qualification opens the door to the residual compensation plan where you can now earn 10% as an Associate and earn up to $99/weekly in binary pay.

JOIN TOTAL LIFE CHANGES

LEFT TEAM

RIGHT TEAM

HAVE 2 PEOPLE JOIN TLC WITH A $500 PACK

FAST START BONUS $500

40 PCV Order. Sponsor 1 Left and 1 Right. 10% - Up to $99 weekly

<table>
<thead>
<tr>
<th>WEEK</th>
<th>NEW IBOs</th>
<th>RANK GOAL</th>
<th>COMMISSIONS EARNED</th>
</tr>
</thead>
<tbody>
<tr>
<td>WEEK 1</td>
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<td>WEEK 2</td>
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<td>WEEK 3</td>
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<tr>
<td>WEEK 4</td>
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</tbody>
</table>
Here’s your road map to becoming Director in 30 Days or less. Fill in your 5 new team members’ names. To become qualify for Director you need to personally help 1 person join on each leg (1 on your right & 1 on your left). Binary Qualification opens the door to the residual compensation plan where you can now earn 10% as an Associate and earn up to $99/weekly in binary pay.

**Join Total Life Changes (80 QV)**

**Left Team**

- **Day 7 Goal**: 125 LV
- **Day 14 Goal**: 250 LV
- **Day 21 Goal**: 500 LV
- **Day 28 Goal**: 1000 LV

**Right Team**

- **Day 7 Goal**: 125 LV
- **Day 14 Goal**: 250 LV
- **Day 21 Goal**: 500 LV
- **Day 28 Goal**: 1000 LV

**$300 Pack Enrollments**

80 PCV Order. Sponsor 1 Left and 1 Right. $100 GCV Weekly on your pay leg

12% - $120 to $599 weekly
Your bank account will only be as full as your calendar. The more events you host, book, attend, the more sales and business partners you stand to gain. An event can be a tea party, live opportunity meeting or company event.

**WHAT EVENTS ARE YOU ATTENDING IN THE NEXT 30 DAYS? FILL YOUR CALENDAR.**

______________________________________________________________________________

______________________________________________________________________________

______________________________________________________________________________

______________________________________________________________________________

**WHICH TEAM MEMBERS ARE COMING WITH YOU TO THESE EVENTS?**

______________________________________________________________________________

______________________________________________________________________________

______________________________________________________________________________

______________________________________________________________________________

**HOW MANY PEOPLE ARE YOU BRINGING WITH YOU TO MIAMI 2016 REGIONAL EVENT?**

______________________________________________________________________________

______________________________________________________________________________

______________________________________________________________________________

______________________________________________________________________________

Events build belief. The more GUETS AND TEAM MEMBERS you have at an event, the more successful you will be.
IDENTIFY YOUR 5 SUPERSTARS

1. Name: ________________________________________________________________
2. Name: ________________________________________________________________
3. Name: ________________________________________________________________
4. Name: ________________________________________________________________
5. Name: ________________________________________________________________

GROW YOUR TEAM WITH INCOME PRODUCING EVENTS:

1. Transformation Parties
2. Virtual Launch Calls/Business Opportunity Calls
3. 1 on 1 Meetings/3-Way Calls

TRAIN YOUR TEAM TO SUCCESS:

Step 1 - Determine If New Team Member Is A Retailer or Recruiter.
Step 2 - Schedule Transformation Party or Virtual Launch Call.
Step 3 - Do an event for your new team members as they watch/listen to you.
Step 4 - Have your new team member help you do an event
Step 5 - Have your new team member do an event as you watch/listen.
Step 6 - Have a new team member do an event and report back to you.
Step 7 – Have a trained team member do an event while their new team member watches/listens.

YOUR SUCCESS IS YOUR TEAMS SUCCESS

Develop leaders and watch your team soar. Ways to increase accountability: Text, 3-way calls, coaching calls, team hangouts, Facebook, weekly meetings.

ADDITIONAL TIPS TO BUILD YOUR TEAM:

1. Seek to partner with like-minded individuals who have the same desire and commitment as you.
2. Having trouble attracting the right people to your team? Expand your network. Connect with experienced network marketers, business owners, and career professionals on social media and at live networking events.
3. Leverage the success stories of other team members and edify them until you build up a story of your own.